

# Tracey Segarra



Tracey is busy. She is an award-winning storyteller; the producer of “Now You’re Talking,” her own storytelling show; and a workshop leader. She also serves on the Board of Directors of the Mid-Atlantic board member of the National Storytelling Network.

She came to storytelling later in life, but has since embraced it with the fervor of an evangelist, and it is her mission in life to spread the transformative powers of storytelling far and wide.

Tracey launched her career in New York City in the 1990s as a reporter and editor for local newspapers and national wire services, interviewing assorted politicians, celebrities and criminals. She eventually left journalism to pursue a second career as a marketing and communications executive, and currently heads up the Marketing Department at a professional services firm in Garden City, Long Island.

Her first love, however, has always been performing, ever since the age of 10 when she was cast in the only child role in a college production of the melodrama, “Gold in the Hills – Or the Dead Sister’s Secret” (she was the dead sister’s secret). Although she gave up dreams of Broadway stardom after high school, the joy of capturing an audience’s rapt attention never left her. In 2014, she discovered the Moth Radio Hour on National Public Radio in 2014 and was blown away by

the realization that there was an art form where she could combine performing with the personal essays she’d been writing for years as a blogger. A new dream was born.

Tracey got up the nerve to tell her first story at a Moth StorySLAM in NYC in May of 2015, won the competition with a story of heartbreak and redemption and went on to then win the Moth GrandSLAM competition that November. She has since won two additional Moth StorySLAM and has been joyfully performing at storytelling and variety shows all over the New York region ever since. She has appeared on the Risk! live show and podcast, at SpeakUp in Hartford CT, Prose of Pie in Westchester and “And I’m not Lying” at UCB East.

In June 2016, Tracey launched her own storytelling show on Long Island, “Now You’re Talking.” And in November of 2016, she was named the Mid-Atlantic Board member for the National Storytelling Network. She also teaches storytelling workshops on Long Island and New York City.

Tracey is the fourth of five children raised on Long Island by a Borscht-Belt comic and actress-turned-New York City English teacher... Her favorite people to hang out with are her twin teenage daughters, her husband, Fred, and their mutt, Cash.

